

CONSULTATION AVAILABLE FOR THE CARE OF OVERWEIGHT CHILDREN AND ADOLESCENTS

COMM-TC

Childhood Overweight Medical Management Telehealth Consultation

A typical COMM-TC session begins with a 20-30 minute didactic on a relevant topic. Case presentations and stimulating discussion follow. Providers may choose to present their own cases, have the facilitator make the initial presentation for them, or simply listen and learn from each other's cases.

Continuing Medical Education credit is available for the duration of the session.

The provider receives cohesive, multifaceted and expert advice on challenging cases. The patient receives specialty-level care in their primary health care setting.

The Childhood Overweight Medical Management Telehealth Consultation (COMM-TC) service offers primary care providers an opportunity to seek input on the evaluation and management of their overweight pediatric patients. Consultants available to lend their expertise include:

Consultant

Pediatric Endocrinology . . .

Pediatric Nephrology

Pediatric Cardiology

Pediatric Hepatology

Child and Adolescent

Psychiatrist

Pediatric Dietician

Clinical Psychotherapist . . .

Overweight Co-Morbidity

Impaired Glucose Tolerance

Type 2 Diabetes

Polycystic Ovary Syndrome

Hypertension

Dyslipidemia

Non-Alcoholic Fatty Liver

Disease

Mental Health Co-Morbidities

Nutritional/Lifestyle Information

Motivational Interviewing

UNM Project ECHO and the Department of Pediatrics' Envision New Mexico offer a program that links multiple pediatric sub-specialists with primary care providers for consultation on the care of overweight children and adolescents.

The prevalence of childhood obesity has tripled from the late 1970s to 2003-2004. Increasingly, primary care providers must address both the challenging socio-behavioral aspects of obesity, as well as, and the daunting medical management that often includes complex co-morbidities.



To learn more about participating, please contact Jane Epstein, PNP, Envision NM, UNM Dept. of Pediatrics at 505-247-3123 or jepstein@salud.unm.edu.