

ICD-9 Obesity What To Use As A Diagnosis Code ⁽¹⁾

Try coding for other medical conditions associated with overweight. These will have a higher chance of being reimbursed. These are some of the more common obesity related conditions: hypertension, diabetes, hyper-insulinemia, GERD, acanthosis nigricans, slipped femoral epiphysis, or family history of any of the above.

DIAGNOSIS

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|--|--------|
| * Abnormal Weight Gain | 783.1 |
| * Abnormal glucose tolerance test | 790.2 |
| * Amenorrhea (primary or secondary) | 626.0 |
| * Diabetes Mellitus, Type 11 (Adult) | 250.02 |
| * Diabetes Mellitus, Type 11 (Adult), controlled | 250. |
| * Diabetes Mellitus, Type 1 (Juvenile), uncontrolled | 250.01 |
| * Diabetes Mellitus, Type 1 (Juvenile), controlled | 250.03 |
| * Family Hx Diabetes | V18 |
| * Dyslipemia | 272.4 |
| * Eating disorder, unspecified | 307.50 |
| * Gynecomastia, hypertrophy of breast | 611.1 |
| * Hypoglycemia, unspecified [in non-diabetic person] | 251.1 |
| * Hypothyroidism, primary or NOS | 244.9 |
| * Hyperglycemia | 790.6 |
| * Hyperlipidemia | 272.4 |
| * Family Hx of hyperlipidemia | V18.1 |
| * Hypertension | 401.1 |
| * Hx of abnormal blood sugar | 790.6 |
| * Hyperinsulinemia | 252.1 |
| * Metabolic syndrome | 277.7 |
| * Morbid obesity | 278.01 |
| * Obesity, unspecified | 278.0 |
| * Overweight | 278.02 |
| Polycystic ovarian syndrome | 256.4 |
| * Precocious puberty | 259.1 |
| * Thyromegaly | 240.9 |
| * Turner's syndrome | 758.6 |

Signs and Symptoms



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The Initiative for Child Healthcare Quality

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|---|---------------|
| *Acanthosis nigricans | 701.2 |
| * Excessive eating | 783.1 |
| *Hirsutism | 704.1 |
| *Fatigue/lethargy | 780.79 |
| *Polydipsia | 783.5 |
| *Polyphagia | 783.6 |
| *Headache, vascular | 784 |
| *Palpitations | 785.1 |
| *Polyuria | 788.42 |
| *Nocturia | 788.43 |
| Underweight BMI < 5th % | V85.51 |
| Normal Weight BMI % 5th to 84 % | V85.52 |
| Overweight BMI % 85th-94% | V85.53 |
| Obese BMI % ≥95th % | V85.54 |

Preventive Medicine Codes

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|---|---------|
| *Dietary counseling and surveillance | V 65.3 |
| *Counseling-treatment plan (includes health counseling, education). | V 65.49 |
| * Counseling person <i>other than patient</i> (for family diet planning) | V65.1 |
| *Screening | V 77.8 |

Document counseling, if a patient or family receives weight loss counseling of 12 ½ or more minutes during a 25 minute office visit, the appropriate CPT-4 code would be 99214. Documentation of the extent of weight loss counseling must appear in the medical record.

Underutilized CPT Codes related to Obesity⁽¹⁾

If you are doing a WCC/preventative visit and you identify a separate problem or illness you can attach the -25 modifier to the office/outpatient visit code and list that in addition to the precode. Make sure to keep your office notes separate (either on a separate sheet of paper or separated by a line or sheet of paper) and to link appropriate ICD code (diagnosis) to each visit. For example, the preventative visit may be V20.2 (routine infant or child health check), while the additional visit may be linked to 401.1 (hypertension).

Note: The above coding suggestions are only suggestions. Coding for clinical services will vary between health plans and different policies within a health plan. Please consult with your health plan to confirm whether the suggested codes are applicable.

(1) Healthy Weight Kids