

BP% and BMI% Chart For Girls

Girls Ages 3-7														
Girls	Ht	Height	Height	Blood Pressure	Blood Pressure	Blood Pressure	Blood Presssure	Weight	BMI at	Weight	BMI at	Weight	BMI at	BMI at
Age	%	in cm	in inches	at 50th%	at 90th%	at 95th%	at 99th%	in lbs.	50th%	in lbs	85th%	in lbs.	95th%	99th%
3 Three Years	5	91	36	86/47	100/61	104/65	111/73	29	15.6	31	17.2	34	18.2	
	10	92	36	87/48	100/62	104/66	111/73	29	15.6	31	17.2	34	18.2	
	25	95	37	88/48	102/62	105/66	113/74	30.5	15.6	34	17.2	36	18.2	
	50	97	38	89/49	103/63	93/51	114/75	32.5	15.6	35	17.2	38	18.2	
	75	100	39	91/50	104/64	108/68	115/75	34	15.6	37	17.2	40	18.2	
	90	103	41	92/50	106/64	109/68	116/76	38	15.6	40	17.2	44	18.2	
	95	105	41	93/51	106/65	110/69	117/76	38	15.6	41	17.2	44	18.2	
4 Four Years	5	97	38	86/47	101/64	105/68	112/76	31.5	15.4	35	16.8	37	18	
	10	98	39	88/50	102/64	106/68	113/76	33.5	15.4	36	16.8	39	18	
	25	101	40	90/51	103/65	107/69	114/76	35	15.4	38	16.8	41	18	
	50	104	41	91/52	104/66	108/70	115/77	37	15.4	40	16.8	43	18	
	75	107	42	92/52	106/67	110/71	117/78	39	15.4	42	16.8	46	18	
	90	111	44	94/53	107/67	111/71	118/79	42.5	15.4	46	16.8	50	18	
	95	112	44	94/54	108/68	112/72	119/79	42.5	15.4	46	16.8	50	18	
5 Five Years	5	104	41	89/52	103/66	107/70	114/78	36.5	15.2	41	16.8	44	18.2	21.5
	10	105	41	90/53	103/67	107/71	114/78	36.5	15.2	41	16.8	44	18.2	21.5
	25	108	43	91/53	105/67	108/71	116/79	40	15.2	44	16.8	49	18.2	21.5
	50	111	44	93/54	106/68	110/72	117/79	42	15.2	47	16.8	51	18.2	21.5
	75	115	45	94/55	107/69	111/73	118/80	44	15.2	50	16.8	54	18.2	21.5
	90	118	46	95/55	109/69	112/73	120/81	46	15.2	52	16.8	56	18.2	21.5
	95	120	47	96/56	109/70	113/74	120/81	48	15.2	54	16.8	59	18.2	21.5
6 Six Years	5	110	43	91/54	104/68	108/72	115/80	40	15.2	46	17	51	18.8	23
	10	112	44	92/54	105/68	109/72	116/80	42	15.2	48	17	53	18.8	23
	25	115	45	93/55	106/69	110/73	117/80	44	15.2	51	17	56	18.8	23
	50	118	46	94/56	108/70	111/74	119/81	46	15.2	53	17	58	18.8	23
	75	122	48	96/56	109/70	113/74	120/82	50	15.2	57	17	63	18.8	23
	90	126	50	97/57	110/71	114/75	121/83	54	15.2	62	17	69	18.8	23
	95	128	50	98/58	111/72	115/76	122/83	54	15.2	62	17	69	18.8	23
7 Seven Years	5	116	46	93/55	106/69	110/73	117/81	47	15.4	53	17.6	61	19.6	24.6
	10	118	46	93/56	107/70	111/74	118/81	47	15.4	55	17.6	61	19.6	24.6
	25	121	48	95/56	108/70	112/74	119/82	51	15.4	58	17.6	66	19.6	24.6
	50	125	49	96/57	109/71	113/75	120/82	53	15.4	62	17.6	70	19.6	24.6
	75	128	50	97/58	111/72	115/76	122/83	55	15.4	65	17.6	72	19.6	24.6
	90	132	52	99/58	112/72	116/76	123/84	60	15.4	69	17.6	78	19.6	24.6
	95	134	53	99/59	113/73	116/77	124/84	62	15.4	71	17.6	80	19.6	24.6

BP% and BMI% Chart For Girls

Girls Ages 8-12														
Girls	Ht	Height	Height	Blood Pressure	BloodPressure	Blood Pressure	Blood Presssure	Weight	BMI at	Weight	BMI at	Weight	BMI at	BMI at
Age	%	in cm	in inches	at 50th%	at 90th%	at 95th%	at 99th%	in lbs.	50th%	in lbs.	85th%	in lbs.	95th%	99th%
8 Eight Years	5	121	48	95/57	108/71	112/75	119/82	52	15.8	60	18.2	70	20.6	26.4
	10	123	48	95/57	109/71	112/75	120/82	52	15.8	62	18.2	71	20.6	26.4
	25	126	50	96/57	110/71	114/75	121/83	57	15.8	65	18.2	74	20.6	26.4
	50	130	51	98/58	111/72	115/76	122/83	59	15.8	70	18.2	79	20.6	26.4
	75	135	53	99/59	113/73	116/77	123/84	64	15.8	75	18.2	85	20.6	26.4
	90	138	54	100/60	114/74	118/78	125/85	66	15.8	79	18.2	89	20.6	26.4
	95	141	56	101/60	114/74	118/78	125/86	71	15.8	82	18.2	96	20.6	26.4
9 Nine Years	5	125	49	96/58	110/72	114/76	121/83	55.5	16.2	68	19	77	22	28.2
	10	127	50	97/58	110/72	114/76	121/83	58	16.2	70	19	80	22	28.2
	25	131	52	98/58	112/72	115/76	123/84	62	16.2	74	19	85	22	28.2
	50	135	53	100/59	113/73	117/77	124/84	65	16.2	79	19	90	22	28.2
	75	140	55	101/60	114/74	118/78	125/85	70	16.2	85	19	97	22	28.2
	90	144	57	102/61	116/75	119/79	127/86	75	16.2	90	19	104	22	28.2
	95	146	57	103/61	116/75	120/79	127/87	75	16.2	92	19	104	22	28.2
10 Ten Years	5	130	51	98/59	112/73	116/77	123/84	63	16.8	76	20	88	23	29.9
	10	132	52	99/59	112/73	116/77	123/84	65	16.8	78	20	90	23	29.9
	25	137	54	100/59	114/73	117/77	125/85	70	16.8	84	20	98	23	29.9
	50	141	56	102/60	115/74	119/78	126/86	75	16.8	89	20	106	23	29.9
	75	145	57	103/61	116/75	120/79	127/86	78	16.8	95	20	109	23	29.9
	90	150	59	104/62	118/76	121/80	129/87	84	16.8	101	20	117	23	29.9
	95	153	60	105/62	118/76	122/80	129/88	84.5	16.8	105	20	121	23	29.9
11 Eleven Years	5	135	53	100/60	114/74	118/78	125/85	70	17.4	86	20.8	99	24	31.5
	10	138	54	101/60	114/74	118/78	125/85	72	17.4	89	20.8	104	24	31.5
	25	143	56	102/60	116/74	119/78	126/86	78	17.4	96	20.8	111	24	31.5
	50	147	58	103/61	117/75	121/79	128/87	84	17.4	101	20.8	118	24	31.5
	75	153	60	105/62	118/76	122/80	129/87	89	17.4	110	20.8	127	24	31.5
	90	157	62	106/63	119/77	123/81	130/88	96	17.4	116	20.8	136	24	31.5
	95	160	63	107/63	120/77	124/81	131/89	100	17.4	120	20.8	140	24	31.5
12 Twelve Years	5	143	56	102/61	116/75	119/79	127/86	81	18	100	21.6	116	25.2	33.1
	10	145	57	103/61	116/75	120/79	127/86	84	18	103	21.6	120	25.2	33.1
	25	150	59	104/61	117/75	121/79	128/87	90	18	110	21.6	138	25.2	33.1
	50	155	61	105/62	119/76	123/80	130/88	95	18	118	21.6	137	25.2	33.1
	75	159	63	107/63	120/77	124/81	131/88	102	18	124	21.6	146	25.2	33.1
	90	164	65	108/64	121/78	125/82	132/89	108	18	132	21.6	157	25.2	33.1
	95	166	65	109/64	122/78	126/82	133/90	108	18	135	21.6	157	25.2	33.1

BP% and BMI% Chart For Girls

Girls Ages 13-17														
Girls	Ht	Height	Height	Blood Pressure	BloodPressure	Blood Pressure	Blood Pressure	Weight	BMI at	Weight	BMI at	Weight	BMI at	BMI at
Age	%	in cm	in inches	at 50th%	at 90th%	at 95th%	at 99th%	in lbs	50th%	in lbs	85th%	in lbs.	95th%	99th%
13 Thirteen Years	5	148	58	104/62	117/76	121/80	128/87	90	18.6	111	22.4	129	26.2	34.6
	10	150	59	105/62	118/76	122/80	129/87	93	18.6	114	22.4	133	26.2	34.6
	25	155	61	106/62	119/76	123/80	130/88	99	18.6	122	22.4	142	26.2	34.6
	50	159	63	107/63	121/77	124/81	132/89	106	18.6	128	22.4	152	26.2	34.6
	75	164	65	109/64	122/78	126/82	133/89	112	18.6	136	22.4	161	26.2	34.6
	90	168	66	110/65	123/79	127/83	134/90	116	18.6	143	22.4	167	26.2	34.6
	95	170	67	110/65	124/79	128/83	135/91	118	18.6	147	22.4	171	26.2	34.6
14 Fourteen Years	5	151	59	106/63	119/77	123/81	130/88	96	19.2	119	23.4	139	27.2	36
	10	153	60	106/63	120/77	123/81	131/88	98	19.2	122	23.4	142	27.2	36
	25	157	62	107/63	121/77	125/81	132/89	106	19.2	129	23.4	152	27.2	36
	50	161	63	109/64	122/78	126/82	133/90	110	19.2	135	23.4	156	27.2	36
	75	166	65	110/65	124/79	127/83	135/90	116	19.2	144	23.4	168	27.2	36
	90	170	67	111/66	125/80	129/84	136/91	124	19.2	151	23.4	176	27.2	36
	95	172	68	112/66	125/80	129/84	136/92	128	19.2	155	23.4	182	27.2	36
15 Fifteen Years	5	152	60	107/64	120/78	124/82	131/89	103	20	124	24	145	28	37.5
	10	154	61	108/64	121/78	125/82	132/89	106	20	128	24	149	28	37.5
	25	158	62	109/64	122/78	126/82	133/90	110	20	134	24	156	28	37.5
	50	162	64	110/65	123/79	127/83	134/91	118	20	141	24	164	28	37.5
	75	167	66	111/66	125/80	129/84	136/91	124	20	150	24	176	28	37.5
	90	171	67	113/67	126/81	130/85	137/92	128	20	157	24	183	28	37.5
	95	173	68	113/67	127/81	131/85	138/93	132	20	161	24	188	28	37.5
16 Sixteen Years	5	152	60	108/64	121/78	125/82	132/90	106.5	20.4	127	25.6	150	29	39.1
	10	154	61	108/64	122/78	126/82	133/90	108	20.4	131	25.6	156	29	39.1
	25	158	62	110/65	123/79	127/83	134/90	112	20.4	138	25.6	161	29	39.1
	50	163	64	111/66	124/80	128/84	135/91	120	20.4	146	25.6	172	29	39.1
	75	167	66	112/66	126/81	130/85	137/92	127	20.4	154	25.6	182	29	39.1
	90	171	67	114/67	127/81	131/85	139/93	130	20.4	161	25.6	189	29	39.1
	95	173	68	114/68	128/82	132/86	139/93	134	20.4	165	25.6	193	29	39.1
17 Seventeen Years	5	152	60	108/64	122/78	125/82	133/90	107	20	128	25.2	152	29.6	40.8
	10	155	61	109/65	122/79	126/83	133/90	111	20	133	25.2	158	29.6	40.8
	25	159	63	110/65	123/79	127/83	134/91	118	20	140	25.2	167	29.6	40.8
	50	163	64	111/66	125/80	129/84	136/91	122	20	148	25.2	174	29.6	40.8
	75	167	66	113/67	126/81	130/85	137/92	130	20	155	25.2	184	29.6	40.8
	90	171	67	114/67	127/81	131/85	138/93	134	20	162	25.2	190	29.6	40.8
	95	174	69	115/68	128/82	132/86	139/93	142	20	168	25.2	200	29.6	40.8