

Identifying and Managing Children and Adolescent Patients with Overweight and Obesity Diagnoses

Important Note

Please ensure use of the codes referenced below when submitting claims so this information can be captured administratively. UNM Dept. of Pediatrics, Envision New Mexico is collaborating with state agencies and health plans to assess the effectiveness of interventions in counseling for physical activity and nutrition as measured by shifts in BMI percentile changes and rates of Physical Activity and Nutrition counseling activities over time. Please refer to the patient's benefit plan for covered services. Use of the BMI percentile codes and codes for nutrition and physical activity codes is for the purposes of quality improvement activities and should not be interpreted as confirmation of coverage. Providers can help identify, track and assess trends in the pediatric population.

First-year HEDIS Measures 2009:

BMI percentile and Counseling for Nutrition and Counseling for Physical Activity for children age 2-17

ICD-9 Code Language	BMI Percentile		
	Comment	ICD-9 Primary Codes	ICD-9 Secondary Codes
Underweight	Less than the 5th percentile		V85.51
Healthy Weight	5th percentile to less than the 85th percentile		V85.52
Overweight	85th to less than the 95th percentile	278.02	V85.53
Obese	Equal to or greater than the 95th percentile	278.00	V85.54
Morbid obesity	>99th percentile	278.01	

Note: BMI pediatric codes are for use for person's age 2-20 years old. These percentiles are based on the growth charts published by the Centers for Disease Control and Prevention (CDC) at:
http://www.cdc.gov/healthyweight/assessing/bmi/childrens_bmi

Counseling for Nutrition	
ICD-9 CM	ICD-9 CM Language
V65.3	Dietary surveillance and counseling
CPT	CPT codes for Registered Dietician
97802	Medical nutrition therapy; initial assessment and intervention, individual, face to face with the patient, each 15 minutes.
97803	Re-assessment and intervention, individual, face to face with the patient, each 15 minutes.
97804	Group (2 or more individual(s)), each 30 minutes.(not covered benefit for Medicaid)

Counseling for Physical Activity	
ICD-9 CM	ICD-9 CM Language
V65.41	Exercise Counseling
ICD-9-CM Procedure	ICD-9-CM Procedure language for Physical Therapists
93.11	Physical therapy; Assisting exercise
93.13	Physical therapy; Resistive exercise
93.19	Physical therapy; Exercise, not elsewhere classified
93.31	Physical therapy; Assisted exercise in pool

Coding parameters established by the National Committee for Quality Assurance (NCQA) via its annual audit process; Healthcare Effectiveness and Data Information Set (HEDIS[®]) Technical Specifications, 2009