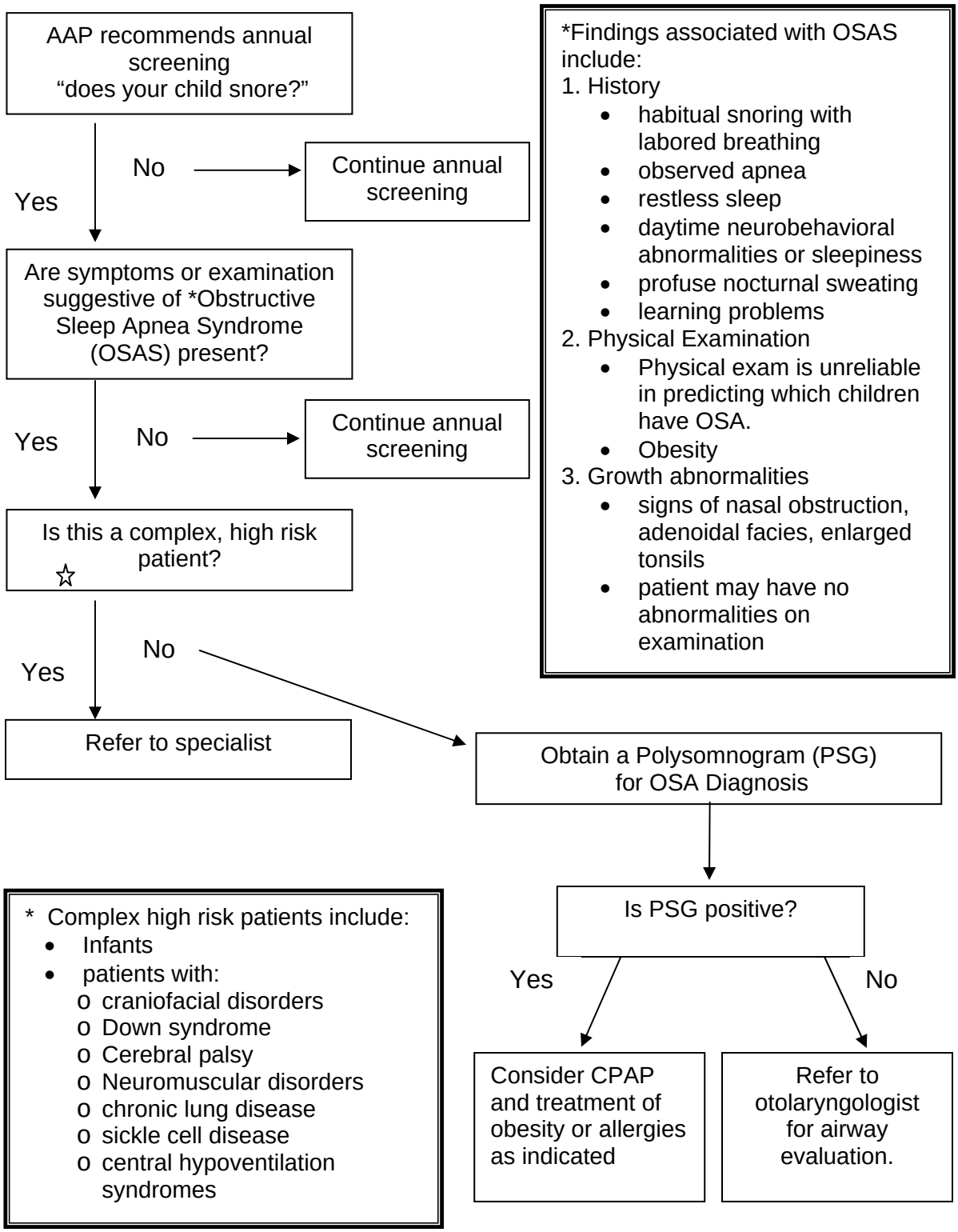Algorithm for the Diagnosis and Management of Sleep Disorders in Children